

# Slender Mountain Mint

Scientific Name: *Pycnanthemum tenuifolium*



<u>Life Cycle</u>	<u>Plant Height</u>	<u>Plant Spacing</u>	<u>Soil Moisture</u>	<u>Sun Exposure</u>	<u>Bloom Period</u>
Perennial	2 feet	12 - 18 in	Medium	Full, Partial	June - September

*Pycnanthemum tenuifolium*, also known as Slender or Narrow-leaved Mountain Mint, has clusters of showy white flowers with faint lavender spots that bloom in mid-to-late summer (July-September). It is best known for the multi-branching habit of stalks with very narrow, almost needle-like, silvery green leaves. This mint grows to be 2'-4' tall and spreads rhizomatously to form small colonies. *Pycnanthemum* species can be aggressive, but they are also easily divided to control their spread. Slender Mountain Mint grows best in full or partial sun and prefers medium soils. Its natural habitat includes upland prairies and dry, rocky, open woods. Slender Mountain Mint does have a particularly strong mint aroma, especially when crushed or cut. Bees and butterflies love their flowers.

\*\*\*All information collected from [www.prairiemoon.com](http://www.prairiemoon.com)\*\*\*