## Turtlehead

Scientific Name: Chelone glabra



<u>Life Cycle</u>	<u>Plant Height</u>	Plant Spacing	Soil Moisture	Sun Exposure	Bloom Period
Perennial	5 feet	2 - 3 ft.	Wet - Medium/Wet	Full, Partial	July - September

Turtlehead is named for its pretty white blossoms which resemble a turtle head poking out from its shell. It is an important host plant providing larval food for the lovely orange and brown <u>Baltimore Checkerspot</u> butterfly. Its nectar also attracts other butterflies, bumblebees, and ruby-throated hummingbirds. Turtlehead likes wet to moist soils and full to part sun. The plants have deep green foliage of lance-shaped leaves on upright stems and grow to 5 feet tall. They make a good choice for border and wet meadow plantings and will provide for a late summer bloom.